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# Hallmarks of cancer in patients with heart failure: data from BIOSTAT-CHF

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## Abstract

**Background** Within cardio-oncology, emerging epidemiologic studies have demonstrated a bi-directional relationship between heart failure (HF) and cancer. In the current study, we aimed to further explore this relationship and investigate the underlying pathophysiological pathways that connect these two disease entities.

**Methods** We conducted a post-hoc analysis in which we identified 24 Gene Ontology (GO) processes associated with the hallmarks of cancer based on 92 biomarkers in 1960 patients with HF. We performed Spearman's correlations and Cox-regression analyses to evaluate associations with HF biomarkers, severity and all-cause mortality.

**Results** Out of a total of 24 GO processes, 9 biological processes were significantly associated with adverse clinical outcome. *Positive regulation of mononuclear cell proliferation* demonstrated the highest hazard for reaching the clinical endpoint, even after adjusting for confounders: all-cause mortality HR 2.00 (95% CI 1.17–3.42),  $p=0.012$ . In contrast, *negative regulation of apoptotic process* was consistently associated with a lower hazard of reaching the clinical outcome, even after adjusting for confounders: all-cause mortality HR 0.74 (95% CI 0.59–0.95),  $p=0.016$ . All processes significantly correlated with HF biomarkers, renal function and HF severity.

**Conclusions** In patients with HF, GO processes associated with hallmarks of cancer are associated with HF biomarkers, severity and all-cause mortality.

**Keywords** Heart failure, Cancer, Cardio-oncology, Biomarkers

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## Introduction

Heart failure (HF) and cancer are the leading causes of death in the western world, with over 310,000 patients dying from HF and more than 600,000 patients dying from cancer annually, in the US alone [1, 2]. These two syndromes are more connected than initially thought: epidemiological studies have demonstrated that patients with HF are at an increased risk of developing incident cancer [3–6]. Moreover, the improvement in HF treatment and management was associated with a shift from HF-mortality to non-cardiovascular (CVD) mortality, such as cancer [7]. In addition, preclinical studies found that HF stimulates tumour growth in vivo [8–10]. These



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studies represent the multifactorial interplay between the two disease entities and the mechanisms mediating the reverse cardio-oncological link [11].

A number of shared risk factors and pathophysiological pathways, including obesity, smoking and (low-grade) inflammation explain the coexistence of cancer and HF [11–13]. Recently, the focus of this link has been expanded with HF-related pathophysiological mechanisms: research has shed light on the roles of angiotensin-II,  $\beta$ -adrenergic receptors and increased sympathetic activity in cancer development [11, 14]. In addition to the pathological processes in HF, the pathological processes in cancer have been more intensively studied, and have been summarized as the hallmarks of cancer [15–17]. These are considered key biological properties in oncology.

To gain a more profound understanding of the connection between HF and cancer, we examined biological processes (utilizing a panel of 92 biomarkers) associated with the firmly established hallmarks of cancer. [18] It is worth noting that these biomarkers were sourced from an Olink<sup>®</sup> panel, thus signifying that not all of them have been definitively recognized in the clinical milieu as explicit “tumour markers”, given that certain biomarkers trace their origins back to experimental contexts. We explored the correlations between these processes and HF biomarkers, renal function and HF severity. Furthermore, we evaluated with Cox-regression analyses the association with all-cause mortality.

## Materials and methods

### Study population

This is a post-hoc study of the “BIOlogy Study to Tailored Treatment in Chronic Heart Failure” (BIOSTAT-CHF) cohort. The BIOSTAT-CHF study included patients from 2010 to 2015 in 11 European medical centres. It was a prospective study, aimed to investigate how the (sub)optimal (up)titration of HF patients correlated with the composite outcome of (HF)-rehospitalization and death [19]. Patients aged  $\geq 18$  were included on a voluntary basis. Patients suffered from either new-onset or worsening HF, defined as a reduced ( $\leq 40\%$ ) left ventricular ejection fraction (LVEF) or increased plasma concentrations of cardiac biomarkers (BNP  $> 400$  pg/mL or NT-proBNP  $> 2000$  pg/mL) [19]. An extensive description of inclusion and exclusion criteria is presented elsewhere [19]. To prevent bias, we excluded all patients with prevalent cancer ( $N=75$ ) and all patients with missing biomarker associated with malignancy levels ( $N=481$ ) (see Supplementary Fig. 1 for a flowchart of the study population). The distinction between cardiovascular and non-cardiovascular mortality was adjudicated by the principal investigator of BIOSTAT-CHF and was based on the available medical records in the various registries

of the participating centres; a full of list of event adjudication criteria is published elsewhere in literature. Ethical review was obtained from all respective institutional review boards of countries involved in BIOSTAT-CHF and all patients provided written informed consent [19].

### Data analyses

Plasma levels of 92 biomarker associated with malignancies (see Supplementary Table 1 for a full list of the biomarker associated with malignancies and their abbreviations) were measured by Olink<sup>®</sup> Biosciences (Uppsala, Sweden), using a Proseek<sup>®</sup> Oncology II multiplex<sup>96×96</sup> proximity extension assay (PEA) panel. For analysis, calcium-ethylenediaminetetraacetic acid (EDTA)-plasma was used [20]. The Olink<sup>®</sup> panel consists of a wide array of biomarker associated with malignancies expressed in various organs and disease processes, such as angiogenesis and immune response [21]. In PEA, antibodies are marked with oligonucleotides, and are pair-bound to their targets. These pairs subsequently bind to the target protein, and hybridize in pair-fashion when they are brought in close proximity [21, 22]. DNA polymerase is added, which leads to DNA polymerization, thus creating a distinct PCR target sequence [22]. Of note, PEA leads to arbitrary units, rather than absolute values.

### Biomarker associated with malignancies and biological gene ontology (GO) processes

The Gene Ontology (GO) database is a chief bioinformatics database, aimed to unify the (universal) genome and gene products [23, 24]. Within the GO database, three domains are identified: cellular component, molecular function, and biological process. The latter facilitates enrichment analyses, enabling identification of certain genes and or proteins that are overexpressed in a large set of data and may be associated with disease phenotypes [24]. Following methods described in previous studies, we imported the 92 biomarker associated with malignancies into gProfiler, an online toolset that enables enrichment analysis, to perform overrepresentation analysis [20, 25]. Subsequently, we selected the biological processes from GO that were linked and validated in literature to the hallmarks of cancer and used those processes for further analyses [18]. Three hallmarks of cancer (enabling replicative immortality, genome instability and mutation, deregulating cellular energetic) were not overrepresented in our data and were not available for further analyses (see Supplementary Table 2) [18]. In order to reduce the dimensionality of data, we performed principal component analysis, which enables reduction of data dimension by identifying the principal components that account for the greatest variability in the data. The resulting weighted score per process was used for Cox-regression analyses, in which we also adjusted according to the

BIOSTAT-CHF mortality model: age, blood urea nitrogen, haemoglobin, NT-proBNP and beta-blocker use at baseline, and also added estimated glomerular filtration rate (eGFR) and Growth differentiation factor 15 (GDF-15) in a more extensive model [26].

### Statistical analysis

Normally distributed data are presented as mean  $\pm$  standard deviation (SD), non-normally distributed data are presented as median with interquartile range (IQR). Categorical data are presented as N (%). Differences between groups were tested with either a Student's T-test, analysis of variance (ANOVA) or  $\chi^2$  test where appropriate. Cox-regression analyses were performed to examine the association of biological processes with the endpoint of all-cause mortality and were visualized with forest plots. Correlations between biological GO processes and HF biomarkers, renal function and HF severity were assessed with Spearman's  $\rho$ . Data were processed and analysed with STATAse14 (StataCorp LP, College Station, Texas,

United States of America) and R 4.1.3 (Foundation for Statistical Computing, Vienna, Austria) and a two-tailed  $p$ -value of  $\leq 0.05$  was considered statistically significant.

## Results

### Patient characteristics

Biomarkers associated with malignancy were available in 1960 patients, all of whom were included for present analyses. Patients had an average age of  $69 \pm 12$  years, and 513 (26%) were female. The median body mass index (BMI) was  $27.0 \text{ kg/m}^2$  (IQR 24.2–30.8) and LVEF was 30% (IQR 25–36). Regarding cardiac biomarkers levels, NT-proBNP was 2606 (IQR 1155–5447), troponin T 30.7 (18.8–52.4) and GDF-15 was 2677.0 (1689.0–4431.0). eGFR was  $60 \text{ mL/min/1.73m}^2$  (IQR 44.5–78.2). A majority of the patients had a history of primary hypertension (1215 (62%)), followed by a history of smoking (958 (49%)), atrial fibrillation (887 (45%)) and myocardial infarction (732 (37%)). Close to one third of patients suffered from renal disease (540 (28%)). Almost all patients used loop diuretics (1952 (100%)), followed by beta-blockers (1632 (83%)) and ACEi/ARB (1421 (73%)) (Table 1).

**Table 1** Baseline characteristics of patient population

Variable	BIOSTAT
<b>Demographics</b>	
N	1960
Age (years)	$69 \pm 12$
Sex (% women)	513 (26%)
BMI ( $\text{kg/m}^2$ )	$27.0 (24.2\text{--}30.8)$
LVEF (%)	$30 (25\text{--}36)$
<b>Laboratory</b>	
NT-proBNP (pg/mL)	$2606.0 (1155.0\text{--}5447.0)$
Troponin T (pg/mL)	$30.7 (18.8\text{--}52.4)$
GDF-15 (pg/mL)	$2677.0 (1689.0\text{--}4431.0)$
eGFR ( $\text{mL/min/1.73m}^2$ )	$60.1 (44.5\text{--}78.2)$
<b>Medical history</b>	
Primary hypertension	$1215 (62.0)$
Myocardial infarction	$732 (37.3)$
Atrial fibrillation	$887 (45.3)$
Stroke	$185 (9.4)$
Renal disease	$540 (27.6)$
Smoking	
Past	$958 (49.0)$
Current	$289 (14.8)$
<b>Medication at baseline</b>	
Loop diuretics	$1952 (99.6)$
Beta-blocker	$1632 (83.3)$
ACEi/ARB	$1421 (72.5)$
MRA	$1036 (52.9)$

**Abbreviations** BMI, body mass index; LVEF, left ventricular ejection fraction; NT-proBNP, N-terminal pro B-type natriuretic peptide; GDF-15, growth/differentiation factor 15; eGFR, estimated glomerular filtration rate; ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; MRA, mineralocorticoid receptor antagonist

Normally disturbed data are presented as mean  $\pm$  SD, non-normally distributed data are presented as median (IQR) and categorical data are presented as N (%yes) unless otherwise specified

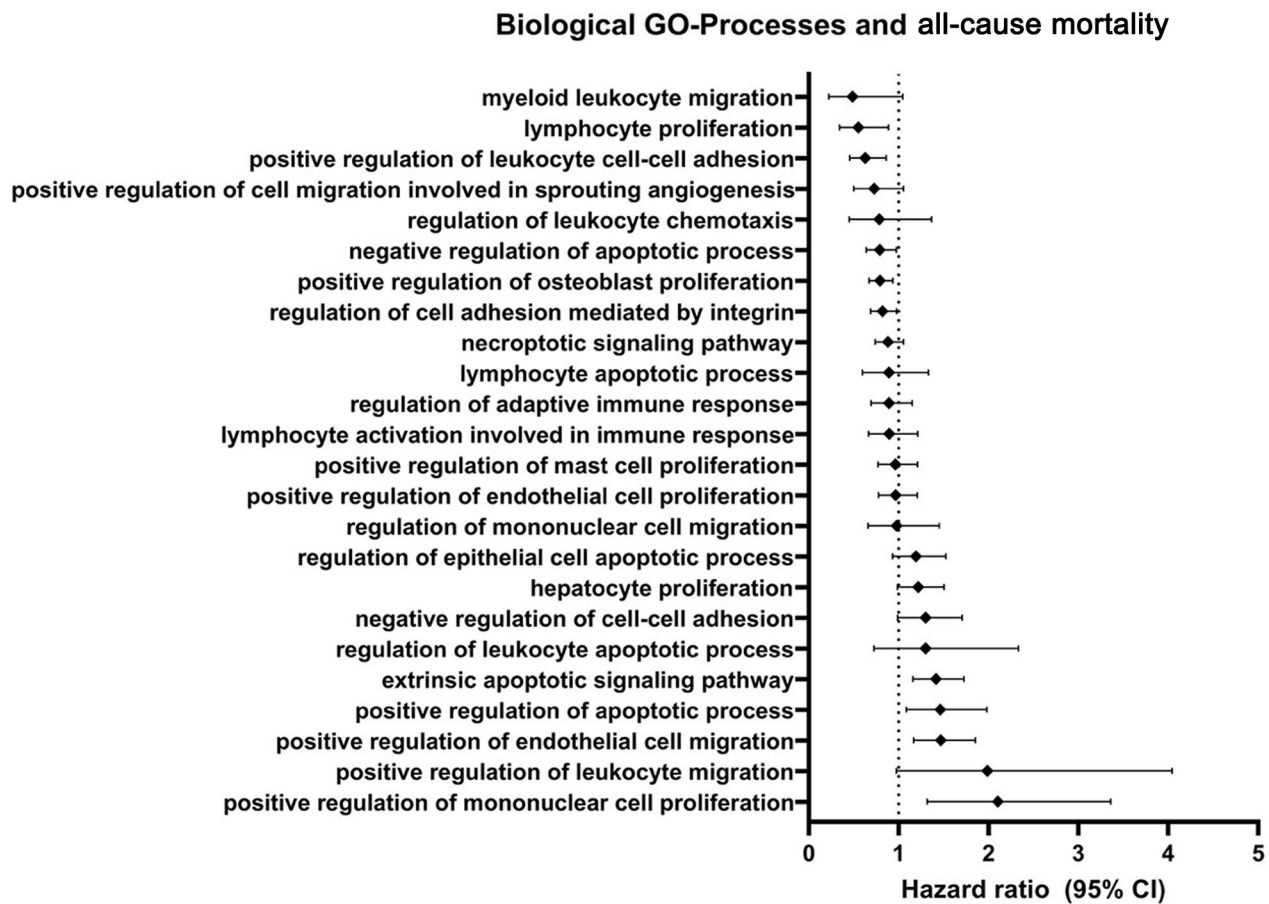
### Biological GO processes and clinical outcomes

#### All-cause mortality

Within two years, 451 patients reached the clinical outcome of all-cause mortality. In total, 24 biological processes were associated with the clinical outcome of all-cause mortality, 9 of which were significant (Fig. 1). Of these 9 processes, 4 exerted hazardous effects and 5 carried protective effects in unadjusted analysis (Table 2). After adjusting for confounders, 3 processes remained significantly associated with all-cause mortality. *Positive regulation of mononuclear cell proliferation* had the highest hazardous association (hazard ratio [HR] 2.00, 95% Confidence Interval (CI) 1.17–3.42,  $p=0.012$ ), followed by *extrinsic apoptotic signalling pathway* (HR 1.27, 95% CI 1.01–1.59,  $p=0.038$ ). *Negative regulation of apoptotic process* was associated with a lower hazard of reaching the clinical outcome of all-cause mortality (HR 0.74, 95% CI 0.59–0.95,  $p=0.016$ ).

#### Biological GO processes and clinical parameters of HF

Biological processes that were significantly associated with all-cause mortality, were also correlated with clinical parameters of HF (Fig. 2). *Positive regulation of mononuclear cell proliferation* and *negative regulation of apoptotic process* correlated positively with markers of HF (NT-proBNP, Troponin T, GDF-15) and NYHA-class, and were negatively correlated to eGFR. *Extrinsic apoptotic signalling pathway* was negatively correlated with NT-proBNP, Troponin T, eGFR and NYHA-class, but positively correlated with GDF-15.



**Fig. 1** Forest plot demonstrating the association between biological GO-processes and association with all-cause mortality (ACM). A diamond indicates the hazard ratio (HR), and the line demarcated with vertical lines on either side represent the 95% confidence interval (CI).

## Discussion

### Main findings

In this study, based on a panel of 92 biomarker associated with malignancies, we investigated the association of hallmark biological processes in cancer with HF biomarkers, renal function, HF severity and all-cause mortality. We demonstrated both positive and negative associations between biological GO processes and all-cause mortality in patients with HF; *positive regulation of mononuclear cell proliferation* was associated with the highest hazard.

### GO processes and clinical outcome

Three GO processes showed an association with all-cause mortality, even after adjusting for the full BIO-STAT model. The highest hazard was associated with *positive regulation of mononuclear cell proliferation*. This process is in essence all that increases the regulation of mononuclear cell proliferation [27]. The role of blood peripheral mononuclear cells (PBMCs) (proliferation) has been studied extensively in the context of cancer [28]. In HF, the role of PBMC proliferation per se is less well known, but studies have postulated a link between

CV disease and the interplay of PBMCs with the (innate) immune system and PBMC mitochondrial dysfunction [29, 30]. Interestingly, the lowest hazard was observed for *negative regulation of apoptotic process*. This process involves anything that reduces the extent of regulated cell death – apoptosis [31]. Apoptosis has been a key subject in cancer research for decades, and is seen as one of the promising targets for anticancer therapy [32]. Evading apoptosis is a hallmark of cancer, but in the setting of HF pathophysiology it has been more controversial [16, 33, 34]. Our study suggest that positive and negative regulation of apoptotic processes demonstrate both hazardous and protective associations, respectively. This further highlights the importance of apoptosis in HF. This is in line with recently published literature [35]. Lastly, it merits mentioning that several of the biomarkers and biological processes presented in this study are inflammation related, which have been extensively studied in this HF cohort. Therefore, we believe that to dive deeper into those processes would be beyond the scope of this study, in which we focus on the GO-processes that are

**Table 2** Cox-regression for biological GO-processes and associations with all-cause mortality

Biological Process	Model 1*		Model 2**		Model 3***	
	HR (95% CI)	p-value	HR (95% CI)	p-value	HR (95% CI)	p-value
<b>Positive regulation of mononuclear cell proliferation</b>	<b>2.11 (1.32–3.36)</b>	<b>0.002</b>	<b>1.98 (1.16–3.38)</b>	<b>0.012</b>	<b>2.00 (1.17–3.42)</b>	<b>0.012</b>
Positive regulation of leukocyte migration	1.99 (0.98–4.04)	0.058	1.97 (0.88–4.42)	0.102	1.92 (0.85–4.34)	0.116
<b>Positive regulation of endothelial cell migration</b>	<b>1.47 (1.17–1.85)</b>	<b>0.001</b>	<b>1.16 (0.89–1.50)</b>	<b>0.265</b>	<b>1.16 (0.90–1.51)</b>	<b>0.258</b>
<b>Positive regulation of apoptotic process</b>	<b>1.47 (1.08–1.98)</b>	<b>0.013</b>	<b>1.40 (0.99–1.97)</b>	<b>0.054</b>	<b>1.41 (1.00–1.99)</b>	<b>0.050</b>
<b>Extrinsic apoptotic signalling pathway</b>	<b>1.42 (1.16–1.73)</b>	<b>0.001</b>	<b>1.28 (1.03–1.60)</b>	<b>0.029</b>	<b>1.27 (1.01–1.59)</b>	<b>0.038</b>
Regulation of leukocyte apoptotic process	1.30 (0.72–2.33)	0.378	1.18 (0.60–2.31)	0.624	1.16 (0.59–2.29)	0.667
Negative regulation of cell-cell adhesion	1.30 (0.99–1.71)	0.058	1.07 (0.79–1.45)	0.641	1.06 (0.78–1.44)	0.692
Hepatocyte proliferation	1.22 (0.99–1.51)	0.066	1.24 (0.98–1.57)	0.078	1.22 (0.96–1.55)	0.112
Regulation of epithelial cell apoptotic process	1.19 (0.93–1.53)	0.158	0.96 (0.72–1.28)	0.782	0.95 (0.71–1.26)	0.708
Regulation of mononuclear cell migration	0.98 (0.66–1.45)	0.915	0.98 (0.62–1.54)	0.931	0.98 (0.62–1.55)	0.944
Positive regulation of endothelial cell proliferation	0.97 (0.77–1.21)	0.767	1.10 (0.85–1.41)	0.471	1.09 (0.85–1.41)	0.480
Positive regulation of mast cell proliferation	0.96 (0.77–1.21)	0.755	1.06 (0.81–1.38)	0.678	1.06 (0.81–1.39)	0.653
Lymphocyte activation involved in immune response	0.90 (0.66–1.21)	0.482	0.99 (0.71–1.37)	0.947	1.00 (0.72–1.40)	0.979
Regulation of adaptive immune response	0.89 (0.69–1.15)	0.380	0.96 (0.73–1.27)	0.782	0.96 (0.72–1.27)	0.751
Lymphocyte apoptotic process	0.89 (0.60–1.33)	0.578	0.94 (0.60–1.49)	0.806	0.95 (0.60–1.49)	0.814
Necroptotic signalling pathway	0.88 (0.74–1.05)	0.169	0.93 (0.76–1.14)	0.471	0.94 (0.76–1.14)	0.515
<b>Regulation of cell adhesion mediated by integrin</b>	<b>0.82 (0.69–0.98)</b>	<b>0.029</b>	<b>0.91 (0.74–1.11)</b>	<b>0.347</b>	<b>0.89 (0.73–1.01)</b>	<b>0.295</b>
<b>Positive regulation of osteoblast proliferation</b>	<b>0.79 (0.67–0.94)</b>	<b>0.006</b>	<b>0.95 (0.78–1.17)</b>	<b>0.642</b>	<b>0.95 (0.77–1.16)</b>	<b>0.592</b>
<b>Negative regulation of apoptotic process</b>	<b>0.79 (0.64–0.98)</b>	<b>0.029</b>	<b>0.73 (0.58–0.93)</b>	<b>0.009</b>	<b>0.74 (0.59–0.95)</b>	<b>0.016</b>
Regulation of leukocyte chemotaxis	0.78 (0.45–1.36)	0.388	0.81 (0.43–1.52)	0.513	0.82 (0.43–1.55)	0.538
Positive regulation of cell migration involved in sprouting angiogenesis	0.73 (0.50–1.05)	0.093	0.89 (0.58–1.37)	0.602	0.89 (0.57–1.37)	0.590
<b>Positive regulation of leukocyte cell-cell adhesion</b>	<b>0.63 (0.46–0.86)</b>	<b>0.004</b>	<b>0.74 (0.52–1.07)</b>	<b>0.107</b>	<b>0.75 (0.52–1.08)</b>	<b>0.124</b>
<b>Lymphocyte proliferation</b>	<b>0.55 (0.34–0.89)</b>	<b>0.014</b>	<b>0.59 (0.34–1.01)</b>	<b>0.052</b>	<b>0.59 (0.34–1.01)</b>	<b>0.054</b>
Myeloid leukocyte migration	0.49 (0.23–1.05)	0.065	0.53 (0.22–1.26)	0.148	0.54 (0.22–1.29)	0.163

Abbreviations HR, hazard ratio; CI, confidence interval

\*Model 1: crude analysis

\*\* Model 2: adjusted for BIostat-CHF mortality model: age, NT-proBNP, haemoglobin, beta-blocker use at baseline, blood urea nitrogen

\*\*\* Model 3: adjusted for BIostat-CHF mortality model: age, NT-proBNP, haemoglobin, beta-blocker use at baseline, blood urea nitrogen, eGFR and GDF-15

well-established as hallmarks of cancer in a patient population with HF, but without overt cancer [20].

Nearly all processes demonstrated similar patterns regarding correlations with HF biomarkers, renal function and HF severity. The observation that processes associated with a higher hazard for the clinical outcome are also associated with higher levels of clinical markers of HF hints at the fact that HF may also lead to adverse events through other diseases (i.e., cancer pathogenesis) than solely HF.

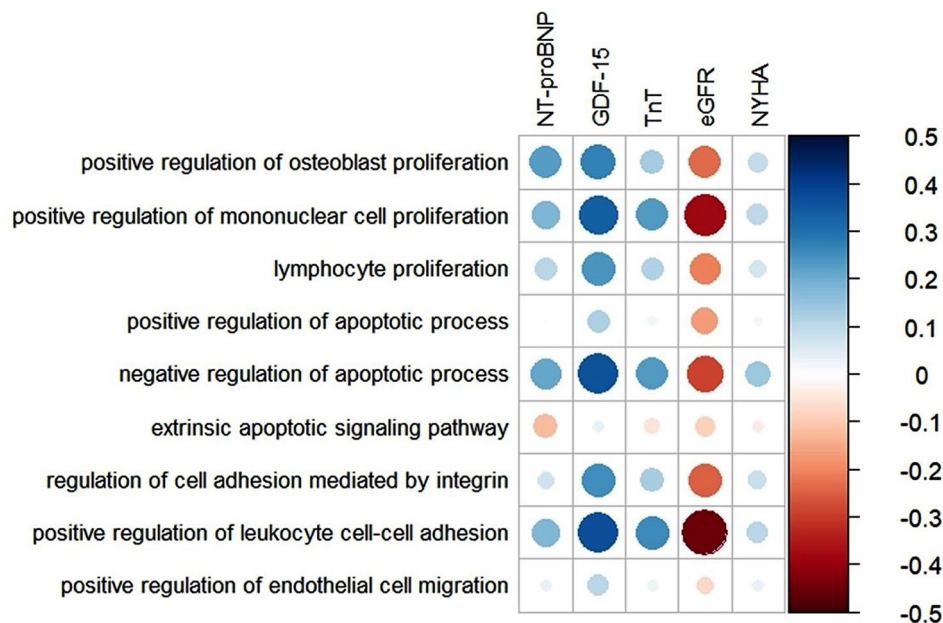
### Future perspective

The challenge in the upcoming years will be to unravel the shared mechanisms between cancer and HF, and to uncover whether more severe HF (e.g., higher NT-proBNP levels, higher NYHA-classification) is associated with a more aggressive form of malignancy (e.g., higher tumour load, increased spread of metastases) or whether this relationship is unconditional, regardless of HF severity. In addition, it would be valuable to gain prospective or follow-up observations from present and future HF

cohort studies to investigate the onset and pathogenesis of cancer in patients with HF, and the biological processes herein.

### Strengths and limitations

This study used an extensive and well-characterized cohort of patients with HF from multiple countries and added to the currently available data in the (translational) field of cardio-oncology, as no prior study has evaluated this large number of biomarkers associated with malignancies in an integrative approach. The biomarkers stemmed from a wide array of biological processes and tissues, thus covering a vast part of shared processes between HF and cancer. Lastly, all patients with cancer were excluded from analyses, ensuring that we only observe those processes associated with the hallmarks of cancer in patients with HF. However, besides the strengths of this study some limitations need to be addressed. First, the observational nature of this study renders it impossible to prove causality. Moreover, the databases that are used for pathway analyses rely on



**Fig. 2** Correlation plot demonstrating the association between the nine biological GO-processes that were significantly associated with all-cause mortality and clinical parameters of HF. Positive and negative correlations are represented by blue and red, respectively, and the size of the circle indicates the strength of the correlation

annotations from available scientific publications. This may cause overrepresentation of annotations that have been more intensively studied and more abundantly described in literature. Lastly, the endpoint of all-cause mortality rather than cause-specific mortality could have influenced the results as for example GDF-15 is a biomarker seen in a broad range of (inflammatory) disease (processes) and not solely bound to cancer and/or HF.

## Conclusion

In patients with HF, well-established biological processes linked to the hallmarks of cancer revealed 1) hazardous and protective associations regarding clinical outcome and 2) correlations with clinical parameters of HF. To improve our understanding of the complex interplay between HF and cancer, we call for further (prospective) translational research into the field of cardio-oncology that elaborate on the role of immunological processes in patients with HF at risk of developing cancer.

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s40959-024-00246-w>.

Supplementary Material 1

## Acknowledgements

Not applicable.

## Author contributions

PFvdB, LIY, and WCM had access to the data, performed statistical analyses as well as manuscript writing. CS and JPA contributed with scientific input and manuscript writing. GMM and JT provided critical input for statistical analyses and provided input for the manuscript. WO provided critical input for the statistical analyses, and provided input for the manuscript. JPA, WCM, VB, SdW, EMS, YA, contributed significantly by providing valuable input for the manuscript as well as throughout the analyses of the data. AAV, DJV, HHWS, and RAdB contributed significantly by conceptualizing the manuscript, providing valuable input for the manuscript as well as throughout the analyses of the data.

## Funding

This work was supported by a grant from the European Commission (FP7-242209, BIOSTAT-CHF) and a grant from the European Research Council (ERC CoG 818715, SECRETE-HF). Further support is received from grants from the Netherlands Heart Foundation (CVON SHE-PREDICTS-HF, grant 2017-21; CVON RED-CVD, grant 2017-11; CVON PREDICT2, grant 2018-30; and CVON DOUBLE DOSE, grant 2020B005; Dekkerbeurs, grant 03-005-2021-T005), by a grant from the leDucq Foundation (Cure PhosphoLambaN induced Cardiomyopathy (Cure-PLaN), by a grant from ZonMW (Off Road; 04510012210034) and by the Mandema-Stipendium of the Junior Scientific Masterclass 2020-10, UMCG.

## Data availability

The data that support the findings of this study are available from the BIOSTAT-CHF consortium, but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of BIOSTAT-CHF consortium.

## Declarations

### Ethics approval and consent to participate

The BIOSTAT-CHF study complied with the Declaration of Helsinki and was approved by national and local ethics committees (EudraCT 2010-020808-29; R&D Ref Number 2008-CA03; MREC Number 10/S1402/39).

### Consent for publication

Not applicable.

### Competing interests

The UMCG, which employs several of the authors, has received research grants and/or fees from AstraZeneca, Abbott, Boehringer Ingelheim, Cardior Pharmaceuticals GmbH, Ionis Pharmaceuticals Inc., Novo Nordisk, and Roche (outside the submitted work). RADB has received research grants or fees from AstraZeneca, Abbott, Boehringer Ingelheim, Cardior Pharmaceuticals, Ionis Pharmaceuticals, Novo Nordisk, and Roche; and has had speaker engagements with Abbott, AstraZeneca, Bayer, Bristol Myers Squibb, Novartis, and Roche (outside the submitted work). WCM has received speaker/ advisory board fees from Daiichi Sankyo and Novartis (outside the submitted work). All other authors declare that they have no competing interests.

Received: 17 November 2023 / Accepted: 3 July 2024

Published online: 05 August 2024

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